

The Ordinary & Deciem Products You Can & Cannot Mix

Updated 29th September 2021. Not all these conflicts show on the official Deciem regimen page but Deciem always advises to avoid using Acids, Retinol/Retinoids and Direct Vitamin C in the same routine. Some of these products in the conflicts column are due to possible irritation marked *. For those of you new to skincare, I advise you to follow this chart to avoid any issues.

Always read the instructions on the Deciem website before using. It is highly recommended to patch test all products. This chart is often updated, so please link to the page rather than a screenshot.

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**Links below will take you through to Deciem and are affiliate links
* Products marked * means possible irritation.

	Products you can use <input checked="" type="checkbox"/>	Conflicts & Possible Irritation *
Peptides		
<u>Buffet</u> <u>Matrixyl</u> <u>Argireline</u>	<u>Antioxidants</u> <u>Hydrators & Oils</u> <u>More Molecules</u> <u>Retinol & Retinoid</u> <u>Vitamin C Derivatives</u>	<u>Direct Acids</u> <u>Vitamin C Pure/Ethylated</u> <u>Resveratrol & Ferulic Acid 3%</u>
Copper Peptides		
<u>Buffet + Copper</u> <u>Hylamide Sub Q Skin</u> <u>NIOD CAIS</u> <u>NIOD CAIL</u>	<u>More Molecules, Niacinamide,</u> <u>Alpha Arbutin, Caffeine Solution</u> <u>Vitamin C Derivatives</u> <u>Hydrators & Oils</u>	<u>Antioxidants</u> <u>Direct Acids</u> <u>Vitamin C Pure/Ethylated</u> <u>Retinol & Retinoids*</u>
Vitamin C (Direct)		
<u>L-Ascorbic Acid Powder</u> <u>Vitamin C 23%</u> <u>Vitamin C 30%</u> <u>Ascorbic Acid + Alpha Arbutin</u> <u>Ethylated Ascorbic Acid</u>	<u>Antioxidants (except EUK 134)</u> <u>Hydration & Oils</u> <u>More Molecules (excl. Niacinamide)</u>	<u>Peptides</u> <u>Copper Peptides</u> <u>Niacinamide Serum or Powder</u> <u>EUK 134</u> <u>Direct Acids *</u> <u>Retinol/Retinoids *</u> <u>Pure/Ethylated Vitamin C*</u>
Vitamin C (Derivatives)		
<u>Magnesium Ascorbyl Glucoside</u> <u>Ascorbyl Glucoside</u> <u>Ascorbyl Tetraisopalmitate Glucoside</u>	<u>Antioxidants</u> <u>Direct Acids</u> <u>Hydration & Oils</u> <u>More Molecules (excl. Niacinamide)</u> <u>Retinol/Retinoids</u> <u>Peptides</u>	<u>Niacinamide Serum</u> <u>Niacinamide Powder</u>
Direct Acids		
<u>Glycolic Acid</u> <u>Mandelic Acid</u> <u>Lactic Acid 5% & 10%</u> <u>Azelaic Acid</u> <u>Salicylic Acid</u> <u>Salicylic Acid Masque</u>	<u>Antioxidants (except EUK 134)</u> <u>Hydration & Oils</u> <u>More Molecules (excl. Nia Powder)</u> <u>Vitamin C Derivatives</u>	<u>Acids</u> <u>EUK 134</u> <u>Niacinamide Powder</u> <u>Peptides incl Copper</u> <u>Retinol/Retinoids *</u> <u>Vitamin C Pure/Ethylated *</u>
Antioxidants		
<u>EUK 134</u>	<u>Hydrators & Oils</u> <u>More Molecules</u> <u>Peptides (exc. Copper Peptides)</u>	<u>Copper Peptides</u> <u>Peptides</u> <u>Direct Acids</u>

	Retinol & Retinoids Vitamin C Derivatives	Vitamin C Pure/Ethylated Resveratrol & Ferulic Acid Other Antioxidants
Resveratrol & Ferulic Acid	Direct Acids Hydration & Oils More Molecules Retinols & Retinoids Peptides (ex CP) Vitamin C Derivatives	Buffet + Copper Peptides EUK 134 Antioxidants
Pycnogenol*	Direct Acids Hydration & Oils More Molecules Retinols & Retinoids Peptides (ex CP) Vitamin C Derivatives	Buffet + Copper Peptides Antioxidants
Retinol/Retinoid		
Retinol 0.2%, 0.5%, 1% Retinoid 2%, 2% & 5% in squalane	Peptides (excl. copper peptides) More Molecules Oils & Hydration Vitamin C Derivatives Antioxidants	Copper Peptides Other Retinol/Retinoid Products Vitamin C Pure/Ethylated Direct Acids
More Molecules		
Alpha Arbutin Caffeine Solution	Use with all products	No conflicts
Niacinamide	Antioxidants Direct Acids Hydrators & Oils More Molecules Peptides Retinol/Retinoids	Direct Vitamin C Vitamin C Derivatives
Niacinamide Powder	Mix with Buffet + Copper, Argireline, Matrixyl, Natural Moisturising Factors	Direct Acids Vitamin C Do not mix with products with a pH of 5 or less
All Oils & Hydration (13)	Use with all products	No conflicts

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